

# THE PREMIER HOME FOR ADULT HOCKEY IN CHICAGO

## ADULT BEGINNER CLASSES

Ideal for players that are new to the ice and want to learn to skate and play the game of hockey. Players will learn skating skills and basics of the game. The class will build player confidence teach sound fundamentals in a friendly environment. Open to all genders and skill levels. Equipment required: stick, helmet, skates, gloves, shin pads, and elbow pads.

Hockey pants and shoulder pads are recommended but not mandatory.

## ADULT INTERMEDIATE CLASSES

Designed for players that have participated in the Adult Beginner Program and players that are comfortable on their skates. Players will work on their skating and stick skills. Game positioning will be introduced. The goal for this program is to move players into the Development Adult League. Equipment required: stick, helmet, skates, gloves, shin pads, elbow pads, hockey pants. Recommended equipment: shoulder pads.

## ADULT BEGINNER/INTERMEDIATE OFF-ICE SKILLS

The adult beginner hockey skills class is an off-ice program that will grow participants stick handling and shooting. Coaches will guide participants through various drills that will help develop skills while reinforcing sound fundamentals.

## ADULT BEGINNER INSTRUCTIONAL RAT HOCKEY

A special rat hockey for beginner adult hockey players who want to play more but still want coaching. A hockey coach will be present on the ice and running a controlled scrimmage for anyone who attends.

Pre-registration is required. Visit the registration page to sign up. Fee: \$12

[\*\*CLICK HERE TO REGISTER\*\*](#)

[WWW.FIFTHTHIRDARENA.COM](http://WWW.FIFTHTHIRDARENA.COM) 312-455-7620

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**FIFTH THIRD  
ARENA**

CHICAGO BLACKHAWKS  
COMMUNITY ICE RINK

